



STUDENT LEADERSHIP SESSION

Student Leadership from the Inside Out: Tips and Advice from Current Student Leaders

Student Advisors (SAs)

1. Commitment. For this student leadership position you'll need lots of it. Commitment to a two-year term of office, commitment to attend the board meeting and convention each year, and commitment to be a leader.
2. Different from other student leadership positions, the Student Advisors serve as members of the Board of Directors. This means you participate in voting and, because you're the only two students on the Board, you have to always remember that you're the voice for all the student members of Sigma Tau Delta.
3. Self-motivation is important to this leadership position. As co-chair of the Student Leadership Committee with the other Student Advisor, you'll have to follow through with your committee responsibilities and ensure that the committee stays in communication.
4. Have fun and be creative. As a student leader, you have the opportunity to enact change and help to determine the course of the future of Sigma Tau Delta. There are endless possibilities. If you put in the effort, you could make a lasting impression on the organization.

Student Representatives (SRs)

1. Remain in contact with your region's Regent. They are invaluable resources and are there to help you with your work as student representatives.
2. Stay realistic with your goals. Choose just a few projects that you would like to accomplish during your term as student representative and work to accomplish them. Do something worthwhile for your region and the organization!

Alumni Representative or Assistant Alumni Representative (AR and AAR)

1. The AR/AAR positions aren't for the casual Sigma Tau Delta member. Active participation in your local chapter during your undergraduate days is recommended. That doesn't mean you need to have prior experience serving as an officer, but it doesn't hurt either.
2. As the Alumni Epsilon Chapter is a national--rather than school-based chapter, electronic communication skills are essential. Email and Facebook will be your primary tools of trade.
3. If you're a recent graduate, be prepared for a change in accountability. Alumni representation is self-motivated, and you won't have your professors breathing down your neck to meet deadlines anymore.
4. Bring your creativity! Not only will you oversee the production of the Alumni Epsilon Newsletter, but there will be multiple times throughout the year that require you to exercise those word skills you acquired, thanks, in part, to Sigma Tau Delta.
5. Have fun! If you thought you expanded your horizons during your undergraduate experience, just wait until you see what the Alumni Epsilon experience has in store for you!